



THE
spa
AT ENCANTADO

THE ENCHANTED SPA, HOME OF THE HEALING ARTS

The Spa at Encantado offers an innovative selection of spa and wellness services. We honor New Mexico's indigenous healing traditions while paying tribute to Santa Fe's established reputation for eclectic approaches to health and well being. Our staff of professional bodyworkers utilize advanced techniques as well as ancient styles of bodywork. Integrated modalities from Santa Fe's wealth of healing arts let The Spa at Encantado deliver an unmatched and authentic Santa Fe spa experience.

THE ENCANTADO PURIFICATION RITUAL

This ritual draws from the traditional use of warm water, exfoliation, steam, rest and hydration for the restoration of your whole being.

Complimentary to all spa guests. Please allow yourself at least 30 minutes prior to a treatment to enjoy the Encantado Purification Ritual.

INITIATE... with a cleansing shower.

This ritual begins by cleansing the skin while stimulating dermal circulation and increasing lymph flow.

RELIEVE... with a warm soak.

Submerge yourself in our hot tubs to relax the muscles and encourage detoxification. Soaking also promotes healing by delivering more oxygen to the skin.

PURIFY... through steam inhalation.

Steam inhalation eases and supports respiration in this high desert environment by increasing circulation and opening the pores of your skin.

REFRESH... with a warm shower.

Let a shower of fresh water flow over you, rinsing and refreshing the skin, while washing away released toxins.

REST... and take a moment for yourself.

Quiet your mind and enter into a state of deep rest. This leaves your body and skin feeling rested and rejuvenated.

REPLENISH... and drink water.

Help your body to rehydrate and replenish to support moisture balance.

REGIONALLY INSPIRED

Innate to each Auberge spa is a reverence to the region and appreciation of its distinctive, natural surroundings. Auberge has defined its treatment style by integrating the highest standards of service with the best ingredients available. The following treatments address the needs of skin and body exposed to the high desert of Santa Fe.

Mountain Spirit Purification

Native American reverence for the Earth inspires our purification ritual. We begin with a smudging of sage, followed by an adobe clay body mask. A warm restful wrap is complete with a scalp and foot massage. This treatment connects your energies to Heaven and Earth. Awaken with a shower rinse and embrace your final gift: a juniper-sage massage using hot stones.

120 minutes

Blue Corn and Honey Renewal

This is a local remedy for treating desert-parched skin. Native blue corn gently exfoliates as wildflower honey hydrates. While wrapped, you will receive a scalp and foot renewal then followed by a skin nourishing massage.

90 minutes

Luminous Crystal Chakra Balancing

An energy treatment with quartz crystals incorporating shamanic techniques of purification, toning and guided imagery will renew your vitality and restore balance and harmony to the body's energy system.

90 minutes

Sacred Stone Massage

The touch of your therapist's hands are combined with alternating hot and cold river stones, melting deep seated tension and creating profound relaxation.

90 minutes

Altitude Adjustment Massage

This specialty massage assists your body in adapting and establishing equilibrium at Santa Fe's elevation of over 7000 feet. The treatment focuses on easing respiration, relieving headaches and other altitude related symptoms.

60 minutes

MASSAGE AND BODYWORK

The Spa at Encantado offers a breadth of styles in massage and bodywork which reflect the eclectic range of healing work available in the region. All of our therapists are aware of the connections between mind, emotions and the physical state of well-being.

Encantado Custom Massage

This firm, nurturing and therapeutic massage is for the entire body and relaxes you completely as your expert massage therapist utilizes a variety of bodywork modalities. This massage will be customized for your needs.

60 or 90 minutes

Pre-Natal Massage

This gentle, nurturing massage for the mother-to-be will leave both mother and baby feeling relaxed and rejuvenated.

60 or 90 minutes

Sports Massage

Competitive sports comes with its share of aches and pains. This treatment involves stretching and targeted massage, customized to meet your body's needs.

60 or 90 minutes

Deep Tissue

Deep tissue massage consists of slow movements designed to target tissues located deep within the body. The deeper muscles and connective tissues are the focus of a deep tissue massage. This focused massage is practiced with great sensitivity through slowly opening the body's deeper soft tissue layers.

60 or 90 minutes

Auberge Head to Toe

It's no wonder why this is one of the most popular treatments in the Auberge Resort's spa offerings. We merge a foot treatment with a scalp treatment and a full-body massage to send you into restorative bliss.

90 minutes

ENHANCEMENTS TO MASSAGE

As part of the Auberge family, we are dedicated to the ideal that with pleasure comes healing. At The Spa at Encantado we deliver each service we offer with unmatched passion and dedication, so that your time here is as pleasurable and restorative as possible. These enhancements are the ultimate expression of our philosophy.

Essential Oil Massage

All the following 30 minutes additional

Gemstone Foot Therapy

Foot Massage - Hair and Scalp Renewal

Baths - In Season

Calming - Detoxifying - Restorative

Body Exfoliants

Invigorating - Polishing - Soothing

Body Wraps

Detoxifying - Balancing - Hydrating

Couples Suite

90 minutes

120 minutes

INTERLUDES PRIVATE RETREATS FOR COUPLES

Nothing is more personal, enjoyable and romantic as a relaxing spa experience shared by you and the one you love. We offer a variety of packages that perfectly fits both of your desires.

The Sun, The Moon and The Stars

Completely indulge in our most romantic and luxurious offering. The Couple's Suite is beautifully presented to set the stage for your Very Special Occasion. Our selection of pampering spa treatments are designed to induce a state of absolute euphoria. Afterwards, you and your loved one share in the delight of a delectable Chef's creation, accompanied by champagne and truffles. Together, you will leisurely enjoy the private sauna and soaking pool before returning to your guest room where a fabulous gift awaits you!

4 hours

Sacred Moments

In the privacy of the Couple's Suite enjoy reconnecting with one another while you soak and sauna in preparation for your treatment. Share in the surrender of a nurturing massage for the two of you. Then realign your energies as your personal therapist provides a delicate vital energy point sequence which connects you to your inner self and opens you to each other's mere perfection.

2 hours

The Art of Surrender

Begin "letting go" as the two of you retreat to the privacy of your Couple's Suite. A warm, open-air soak combined with a relaxing sauna melts away tension and releases the mind and body from their ingrained patterns. Afterwards, enjoy our renowned Auberge Head-to-Toe massage for the ultimate surrender.

2.5 hours

Mountain Spirit Initiation

Native American reverence for the Earth is the inspiration for this purification ritual which begins with a smudging ceremony, then an adobe clay body mask. A warm restful treatment with a scalp and foot massage connect both of your energies to Heaven and Earth. Awaken to a warm shower rinse and finish with a juniper-sage massage using hot stones.

3 hours

ALTERNATIVE HEALING AYURVEDIC RITUALS

Ayurveda is considered by many scholars to be the oldest recorded healing science. Derived from a Sanskrit word meaning “The Science of Life.” Ayurveda originated in India more than 5,000 years ago and is often called the “Mother of All Healing.” These treatments are best done in silence as the benefits are received while relaxing.

Abhyanga Massage

This classic Indian therapy uses warm herbal oil pressed into the body to help dissolve toxins. It also calms the nervous system and balances the mind, while stimulating the circulation and lymphatic systems. The intention of this treatment is to encourage subtle detoxification. It is known for the ability to revitalize the body.

60 minutes

Shirodhara

It begins with a gentle stream of warm herbal oil to the “third eye” to quiet the mind and calm the emotions. A tension releasing massage for the head, neck and shoulders is paired with a deeply nourishing herbal hair and scalp conditioning treatment. Aromatic Marma point therapy for face, hands and feet brings whole body balancing.

60 minutes

Shiro Abhyanga

A classic Ayurvedic therapy. The Abhyanga treatment prepares the body for gentle detoxification, while Shirodhara calms the mind and nervous system so that the body can restore and heal.

90 minutes

Marma Chikitsa

In Sanskrit, Marma Chikitsa means “vital energy point therapy.” This treatment combines acupressure-like touch with aromatherapy to open the doorways between the physical and subtle energies of your body and mind.

60 minutes

Bindi Herbal Body Treatment

This treatment combines an herbal body mask, invigorating scrub from head to toe and a rigorous massage with warm oil followed by a steamed towel compress. This is a traditional treatment to balance your doshas.

90 minutes

Ayurvedic Attunement

The ultimate healing journey begins with Abhyanga massage to release tension on the physical level. Marma Chikitsa then opens the energetic doorways between the physical body and the more subtle layers of the Being. Chakra balancing realigns the energy and induces a blissful state.

120 minutes

TRADITIONAL EASTERN MEDICINE

This approach to health claims to be rooted in meticulous observation of nature, the cosmos, and the human body. Classical belief that life and activity of individual human beings have an intimate relationship with the environment on all levels. The intention is to align and balance the energy fields within your body.

Acupuncture Session

A consultation and session with our acupuncturist includes traditional Chinese medicine pulse diagnosis is followed by acupuncture with moxibustion to clear blockages and allow your Chi to flow freely.

75 minutes

Shiatsu

This enlivening body tune-up involves an active, rhythmic Japanese technique in which your therapist uses thumbs, fingers and palms to stimulate acupressure points on the body. Please wear loose clothing.

60 minutes

Thai Massage

A blend of assisted stretching and acupressure compressions along the body's energy pathways leaves you remarkably relaxed yet energized. This treatment is performed on a Thai massage mat. Please wear loose clothing.

90 minutes

Thai Herbal Compress

Steamed Thai herbal compresses are pressed onto the body to release tension and deliver deep muscle relaxation. Thai stretching combined with the compresses helps to stimulate energy, reduce congestion, and treat stiffness in the joints.

60 minutes

THE AESTHETIC ARTS

A youthful, vibrant look starts with healthy skin. Our professional aestheticians will assist in restoring your skin's texture and moisture balance and help protect it from the damaging effects of the elements with a selection of services. In addition to offering the most skilled aestheticians, we use the most beneficial skin care products.

The Enchanted Facial

Our customized holistic facial features semi-precious Tourmaline gemstone massage, cherished by healers for purification, improving health and restoring serenity. A careful selection of herbal enzymes and natural actives are chosen to address your very specific skin care needs. A soothing hand and foot massage complements your facial as you awaken to a luminous complexion and calm state of mind.

90 minutes

With Ultra Facelift

120 minutes

Ageless Renewal Facial

The definitive facial for renewing the youthful radiance of the skin, at any age. A detoxifying lymphatic facial massage will help to ease puffiness and improve vitality. A moisture rich glycolic acid peel is combined with anti-oxidants and super hydration to nourish, protect and replenish the skin.

75 minutes

Moisture Drench Facial

An ultra-hydrating treatment ideal for the traveler with moisture deprived skin that has been exposed to the high altitude and dry climate of the native Southwest. This high performance facial will infuse your skin with the life-giving properties of vitamin rich anti-oxidants, leaving your skin deeply replenished at the cellular level.

75 minutes

Ayurvedic Holistic Facial

This holistic facial combines the healing properties of Ayurvedic herbs and organic essential oils to bring balance to the emotions, while enhancing the vitality and radiance of the skin.

75 minutes

Men's Custom Facial

Men appreciate this facial because it features herbal products that are lightly scented. A deeply cleansing facial, and a therapeutic hand and foot massage is then topped off with an invigorating scalp massage, increasing circulation and relieving tension.

60 minutes

The Spa at Encantado also features ULTRA Technology as another option in our skincare program. This sophisticated aesthetic system combines skincare technologies such as Targeted Lifting Micro current, LED Light Therapy, Ultrasonic Exfoliation and Product Infusion for optimal results.

Ultrasonic Exfoliation Facial

This advanced restorative treatment virtually erases skin imperfections without any trauma to the skin. Leading edge technology exfoliates the surface of the skin and stimulates cell renewal. This facial leaves your skin polished and refined, youthful and supple.

60 minutes

ULTRA Signature Radiance

Brightens the skin and improves tone and texture using both high performance ingredients combined with ULTRA technology. A triple action peel and a vitamin C + Retinol mask will leave your skin radiant for days

75 minutes

Uplifting Facial

This results oriented, non-surgical treatment can effectively turn back the clock in a matter of minutes. Utilizing micro-current technology, this treatment tones, lifts, firms and re-educates sagging muscles, returning them to their youthful form. This extraordinary treatment is highly recommended for anyone seeking a safe alternative to plastic surgery.

75 minutes

A series of 3 treatments is recommended to achieve lasting results.

ENHANCEMENTS TO FACIALS

ULTRA Technologies	15 minutes
• LED Light Therapy	
• Ultra Sound Infusions	
Peptide Lift Complex	
Hydra - Repair	
Lightening Serum	
• Micro Current Eye Lift	15 minutes

Heavenly Hands	15 minutes
Foot Refresher	15 minutes
Hair and Scalp Renewal	30 minutes

WAXING

• Brow Design	30 minutes
• Lip/Chin	15 minutes

MANICURE AND PEDICURE

Our luxurious and healing treatments for hands and feet include deep cleansing, exfoliation and massage with pure botanical extracts and essential oils for absolute nail beautification.

Classic Manicure

Cuticle treatment followed by shaping and buffing. A soothing hand massage revitalizes before nail strengthener and lacquer are applied.

45 minutes

Spa Manicure

In addition to our classic manicure service described, hands are enveloped in warm aromatherapy wax to seal in moisture and condition dry skin. The hands are soft and supple prior to applying lacquer of your choice.

60 minutes

Spa Pedicure

Settle in and luxuriate while your feet enjoy a light therapy whirlpool as it softens for maximum exfoliation. Cuticles and calluses are addressed followed by a massage and warm aromatherapy wax. Then your nails are shaped, buffed and supple.

60 minutes

Classic Manicure and Spa Pedicure

90 minutes

Spa Manicure and Spa Pedicure

120 minutes

Honey Dipped Hands and Feet

We will envelope your hands or feet in sweet luscious honey, which is full of vitamins, minerals, and amino acids, and is a local Santa Fe beauty secret for smoothing, softening and restoring the skin.

30 minutes

MIND AND BODY

Ever interconnected, the relationship between the mind and body is vital to your total well being. We offer programs dedicated to promoting a healthy and calm emotional state as well as a strong, flexible body to aid you in your quest for complete health.

Movement Studio

Our beautifully appointed, modern studio offers the perfect environment for you to achieve inner balance and peace. Our expert instructors offer professional guidance and we feature classes in a variety of styles and skill levels making it easy to find the ideal one to meet your needs. Please contact the Spa Reception desk to inquire about private instruction.

Fitness Center

A 1,000 square foot, state of the art fitness center lets you build a strong and flexible body to keep you at your physical peak. Outfitted with Precor cardiovascular equipment and Paramount strength equipment, it offers stunning views of the New Mexico desert which offers a beautiful backdrop for a productive workout. For those looking to take their workout to the next level, we offer advanced training sessions with a certified personal trainer.

FOR YOUR INFORMATION

Retreat from the world in an oasis of serenity and healing like nothing you have ever imagined. Come, replenish and rejuvenate your body and soul in The Spa at Encantado

HOURS

Spa: 9 am to 7 pm. Hours are subject to change seasonally.

SPA RESERVATIONS

To book an appointment please call 888.210.4806 or email us at spa@encantadoresort.com

CANCELLATION POLICY

If it is necessary to change or cancel your appointment, please do so prior to 7 pm the evening before your scheduled service to avoid being charged in full.

Non-hotel guests require 24 hour cancellation notice.

GRATUITIES

In appreciation of outstanding service, gratuities may be given to the staff at your discretion. An amount of 20% is customary.

LATE ARRIVALS

We regret that a late arrival for your spa appointment will deprive you of valuable treatment time.

CHECK-IN

We invite you to check-in 30 minutes prior to your appointment. This will allow you to enjoy our spa amenities and Encantado Purification Ritual.

MEDICAL

Please inform us of any medical or other special needs that require our attention.

WHAT TO WEAR

A robe, sandals and locker will be provided upon your arrival. You will be properly draped during your treatment. The steam rooms and soaking pools are not co-ed, swimsuits are optional.

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ENCANTADORESORT.COM



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